


# Dover Bethany ELC Meals Menu

## March 2018

Monday 3/12	Tuesday 3/13	Wednesday 3/14	Thursday 3/15	Friday 3/16
Cereal, juice	Pancakes, applesauce, milk	Yogurt, graham crackers, juice	Waffles, mandarin oranges, milk	Cereal, juice 
Meatball sub with cheese, green beans, pears, milk	Chicken tacos with fixings, mandarin oranges, black beans and rice, milk	Ham & cheese sandwich, carrots & dip, mixed fruit, chocolate milk	Fish sticks, macaroni & cheese, peaches, stewed tomatoes, milk	Broccoli & chicken alfredo pasta, pineapples, milk

Monday 3/19	Tuesday 3/20	Wednesday 3/21	Thursday 3/22	Friday 3/23
Cereal, juice	Pancakes, milk	Yogurt, graham crackers, juice	Ham & egg on an English Muffin, peaches, milk	Cereal, juice
Grilled chicken breast, Spanish rice, corn, grapes	Chicken corn soup, PB&J sandwich, applesauce, milk 	Chicken & gravy over waffles, peas, orange slices, milk	Sausage and rice casserole, mixed veggies, pears, milk	WW pasta with meat sauce, salad, pears, milk

Menu is subject to change without notice. Infants & young toddlers may be provided appropriate alternatives.